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[My First AA Meeting](#)

Alcoholics Anonymous



This is the Second Edition of
the Big Book, New and Revised.
The Basic Text for Alcoholics Anonymous.

[My First AA Meeting](#)



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Many AA meetings take place in treatment facilities. Carrying the message of AA into hospitals was how the co-founders of AA first remained sober. They Reflections of my first AA meeting. Chaya Block, Contributor. Aspiring writer, dancer and world traveller. 07/13/2017 01:13 AM ET Alcoholics Anonymous meetings are based on 12-step programs. They offer suggestions of steps for you to follow as you make a plan for your 10 answers to question "Think I want to attend my first AA meeting tonight. I'm so nervous. Pointers?". I went to my first meeting yesterday with only three days. It was a beginners meeting so I actually liked it. I didn't go tonight because it's a big book study which How does going to a meeting help me with my drinking problem? ... (and many of us were not very wholehearted about that when we first approached AA).. Many of us had no idea what to expect of our first meeting. For some of us the idea was quite scary, so we were greatly relieved to find that our fears were I've never been to AA before and neither would I ever believe that I'd have a drinking problem like my dad. I told myself that I wouldn't drink even a sip of alcohol If you are struggling with alcoholism, I encourage you to seek the help that you need. Surround yourself around positively influencing people After many failed attempts at quitting on my own, I reached the conclusion that I can not do it without help. I decided that I needed to try AA and.. Going to your first Alcoholics Anonymous (AA) meeting can be challenging. ... who is an AA member, ask her if you can attend your first meeting in her group or Getting the Most Out of Your First AA Meeting. November 6th ... Feeling anxious or overwhelmed before your first meeting is normal. But if you push ... 5 Things I Learned From My Dad's Addiction to Alcohol. It may not seem The meeting begins with the chairperson reading the AA Preamble, ... Each starts off by introducing themselves as, "Hello, my name is (first Introduction to your first AA Meeting! ... by the discussion leader normally introduce themselves by saying "My name is so-and-so and I am an alcoholic." Some What can I do if I am worried about my drinking? ... If I go to an AA meeting, does that commit me to anything? ... How can this help me with my drink problem? ... many of us were not very wholehearted about that when we first approached AA Then There Are the People Who Come to Meetings Drunk. Coming to an AA meeting drunk didn't cross my mind in my early sobriety. I didn't think that was allowed SÁÁ is an NGO that operates a detoxification clinic and four inpatient and outpatient rehabilitation centers as well as a center for family services and a social I recently attended my first AA meeting. It surpassed many of my expectations; however it ruined others and left me slightly dumbfounded.. www.RealSobriety.com Remember your first meeting? Robert McClellan shares his experience when he went to his first A.A. meeting. He went It's an approach that Katie, a Futures alumna, understands quite well. "I didn't want to go to my first AA meeting – the judge made me go. So I ... 4cb7db201b

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